

METHOD

The personal Vocational Growth Sessions (VGS) take place once a week (sometimes twice). The trainee is responsible to find a guide out of the regular staff members whose names and addresses are attached herewith.

The summer school is residential and requires regular attendance.

The method of teaching is mostly seminar, coupled with lectures.

Each trainee is personally guided in studies and practical work.

The selection of the trainee will be made through an appropriate evaluation by one of the staff members.

Since the trainees prepare themselves for a very delicate task and activity, the institute reserves to itself the right to decide, during the training period, whether a particular person should continue in the programme

REQUIREMENTS FOR ADMISSION

Age: 25-40 years.

Graduate level (or equivalent) of studies.

Background of basic formation in theology.

Some experience of working in the field of formation and/or a chance of doing so after the training.

Proficiency in the English language

Personality evaluation through in-depth interviews and testing prior to admission.

Readiness to undergo personal Vocational Growth Sessions (VGS) for 3 years with one of the staff of the Institute.

A written assurance from the major superior concerned that the trainee will not be pulled out or transferred in between the course without the consent of the Director of the Institute.



Organized by the Graduates of the Institute of Psychology, Gregorian University, Rome

For moulding effective and integrated formators and leaders in the church.

Conducted during summer for three consecutive years.

25 new students are admitted every year.

About 80 professors from the field of Psychology offer:

Personal guidance and in-put

In-depth personal formation

VENUE FOR THE SUMMER SCHOOL

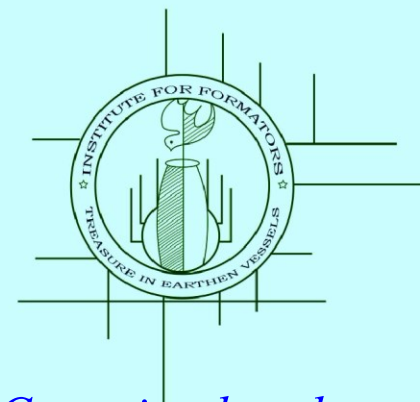
Adhyatma Vidya Pitham (A.V.P.)
Carmelaram Post, Bangalore - 560 035

CONTACT ADDRESS

Director
Institute for Formators
A.V.P., Carmelaram
Bangalore - 560 035

Mobile: 9241650672
Email: abthek@gmail.com
formatorsindia@gmail.com
Website: <http://formators.in/>

INSTITUTE FOR FORMATORS



*Committed to the
Cause of Forming
Formators
and
Leaders*

CARMELARAM
BANGALORE

HISTORY OF THE INSTITUTE

The institute for Formators came into existence in 1982. The original idea of founding this institute came from a group of major superiors from all over India who had gathered for a seminar on religious vocation and formation, in Bangalore in 1980 conducted by two renowned experts Fr. Luigi Rulla, S.J., and Sr. Joice Ridick, S.C.C, from the Institute of Psychology, Gregorian University, Rome. They have done extensive research on candidates to religious life and priesthood, studying the phenomenon of Christian vocation and formation from a psycho-social-spiritual point of view. Some of the participants of the seminar posed a challenge that India should think of a systematic training programme for the formation personnel. This challenge was taken up by some of the graduates of the Institute of Psychology, Rome, and after a prolonged period of reflection, deliberation and planning, such a training programme was initiated under the name of the Institute for Formators. From its humble beginnings, the Institute has grown quickly. During the past 40 years more than 940 persons belonging to more than 100 Religious Congregations, Secular Institutes and Dioceses have graduated from the Institute



PURPOSE & SCOPE

The course is addressed to religious and priests who want to live their commitment deeply and radically and are desirous of helping others to do the same. Though the Institute does not intend to form trained psychologists or psychotherapist,



those who complete the course successfully would be able to offer leadership in the training of priests and religious as Masters/Mistresses of novices and candidates. They would be effective as animators of communities, youth and family counselors and in giving vocational guidance in religious and priestly life.

STRUCTURE OF THE PROGRAMME

The duration of the programme is THREE YEARS and it has both practical and theoretical aspects.

Practical Formation

The topmost priority given in the training is the personal accompaniment of the trainee for full three years through what is known as Vocational Growth Sessions (VGS), an approach that seeks to integrate Psychotherapy, Counseling and Spiritual Direction. The process is aimed at heightening the consciousness and sensitivity of the trainee to the various movements within him/her leading to greater acceptance and efficacy in one's relationships and apostolate.



AVP, VENUE OF THE COURSE

Theoretical Formation

This takes place during seven weeks' duration from mid-April to the end of May for three consecutive summers. The SUMMER SCHOOL offers systematic courses that give scientific knowledge and understanding of the human person in the context of Christian vocation and formation. The psycho-social-spiritual dynamics of human development and growth are the focus of all the seminars.

THE PROGRAMME INCLUDES THE FOLLOWING COURSES:

Introduction to theories of personality – a critical overview
Anthropology of Christian Vocation: Psycho-Spiritual Foundations

Human Development: critical periods, limitations, potentialities.

Abnormal Psychology, Pathology, Personality Disorders, etc.

Assessment of Personality of vocationer, Family/Group Dynamics.

Religious Life: Discernment of Spirits; Spiritual Direction.

Safeguarding Minors and Vulnerable Adults

Helps for Vocational Growth.

Leadership

Counselling skills.

Positive Psychology

Awareness Meditative Relaxation (AMR)

Neuro-Linguistic Programming (NLP)

Rational Emotive Behavioral Therapy (REBT)

Mysticism

Directed Retreat

These courses are spread over three years. They are generally evaluated through written assignments or examinations. The Institute is mainly staffed by trained formators from the Institute of Psychology, Gregorian University, Rome, who volunteer their services for the theoretical and practical aspects of the training.